

access your maternity and family benefits

Ovia Health provides maternity and family apps to support you through your entire parenthood journey. The Ovia Health benefit is available to all regular full-time and part-time employees working 24 or more standard hours per week, at no cost to the employee.

Employees enrolled in Athletico's medical plans must select Blue Cross and Blue Shield of Illinois (BCBSIL) as their health plan when registering.

Follow these easy steps to **download Ovia and launch your account:**

1 Download the app that's right for you



Ovia Fertility
Health & Fertility



Ovia Pregnancy
Pregnancy & Postpartum



Ovia Parenting
Family & Working Parents

2 When signing up, choose **I have Ovia Health as a benefit** before tapping **Sign up**.

Enter **Athletico** as your employer name. BCBSIL health plan members will need to select their health plan first.

3 Already have an Ovia app on your phone?

1. Open your app and tap **Health** to take the Ovia Health Assessment.
2. Tap **Update my healthcare information** and enter **Athletico** as your employer name. BCBSIL health plan members will need to select their health plan first.

